

Subject	Sport Activities in Social Integration and Community Development		
Type	Type	Semester	ECTS
	MANDATORY (M)	3	4
Lecturer	Dr. Sami Sermakhaj		
Aims and Objectives	<p>This module introduces students to the basic concepts of sports development and the various roles within the sports development profession. Sports development within the community is about ensuring appropriate pathways and structures are in place to enable people to learn basic movement skills, participate in the sports and physical activities of their choice, whether they are within mainstream society, or within disability, special population or other minority groups. Sport and physical activity initiatives are increasingly recognized as powerful tools for achieving community development and integration and inclusion policies. Students will study various sports development initiatives and approaches using case studies and examples from national and international best practice.</p>		
Learning Outcomes	<p>Upon completion of this module, students shall be able to:</p> <ul style="list-style-type: none"> • Demonstrate a critical understanding of the definitions, ideologies, theories, policies and practices underpinning sport, physical activity and sport development in a community context. • Evaluate the socioeconomic and political factors that impact on sports development and participation. • Critically assess the sports development process, delivery system, infrastructure of community-based sport and demonstrate an understanding of the roles of Sports Development Officers in their various forms. • Critically reflect on community sport interventions and evaluate the strengths and weaknesses of integration programs and community sport development programs and movements 		
Content	Week	Topics	
	1	Syllabus presentation	
	2	Foundations of Sport and Social Integration <ul style="list-style-type: none"> • Definitions and ideologies in sport for social integration • Overview of theories and frameworks in sport and community development 	
	3	Theories and Models of Community Sport Development <ul style="list-style-type: none"> • Key theories and models in community sport • Exploration of sport's role in social cohesion and identity 	
	4	Socioeconomic and Political Factors in Sports Development <ul style="list-style-type: none"> • How economic and political landscapes shape sports policies • Case studies on socioeconomic influences on sports participation 	
	5	Policies and Practices in Community Sport Development <ul style="list-style-type: none"> • Examination of national and international policies in sports development • Role of government and NGOs in promoting community sports 	
	6	Community-Based Sports Development Process <ul style="list-style-type: none"> • Steps and considerations in developing community sports programs • Factors impacting successful implementation and sustainability 	
	7	Infrastructure and Delivery Systems for Community Sports <ul style="list-style-type: none"> • Overview of community sports infrastructure and facilities • Effective delivery systems and models for community engagement 	
	8	Mid-term exam – 1	
	9	Role of Sports Development Officers <ul style="list-style-type: none"> • Roles and responsibilities of Sports Development Officers • Skills required for successful community sport management and advocacy 	
	10	Community Sport Interventions <ul style="list-style-type: none"> • Types of community sport interventions (e.g., youth programs, rehabilitation) 	

		<ul style="list-style-type: none"> Designing programs to address community needs and demographics 	
	11	Evaluating Community Sport Programs <ul style="list-style-type: none"> Metrics and methodologies for evaluating program effectiveness Assessing short- and long-term impacts on community health and social integration 	
	12	Strengths and Weaknesses of Sport Integration Programs <ul style="list-style-type: none"> Case studies of integration programs: successes and challenges Analyzing key factors for successful integration through sports 	
	13	Community Sport Movements and Social Change <ul style="list-style-type: none"> Exploration of social movements in sports (e.g., inclusion, equity movements) Sport as a tool for advocacy, equality, and social change 	
	14	Future Directions in Community Sports Development <ul style="list-style-type: none"> Emerging trends in community sport and social integration Innovations and policy shifts in sport for development and peace 	
	15	Mid-term exam – 2	
Teaching/Learning Methods	Activity	Weight (%)	
	Lectures	30%	
	Lab	40%	
	Research	20%	
	Independent learning	10%	
Assessment Methods	Methods of assessment:	%	
	Participation and engagement in lectures and practical sessions	10%	
	a) Mid-term exam -1	30%	
	b) Mid-term exam - 2	30%	
	Course Project, Individual and work group	30%	
ECTS Workload	Activity	Weekly hours	Workload
	Lectures	2	24
	Lab	n/a	12
	Independent learning	n/a	44
	Examination preparation	n/a	20
Literature	<ol style="list-style-type: none"> George Karlis (2020). Recreation, Sport, and Community Development. ISBN/ISSN 978-1-95281-507-2 Sport for community development handbook. Erasmus+ Programme, Sport 2016 Small Collaborative partnerships Grant Agreement Number: 2016-2785 / 001 – 001. Moisescu, Petronel Cristian (2014). The Role of Physical Education has Social Integration of Children Dominated Computer. Procedia - Social and Behavioral Sciences, 116(), 4150–4154. doi:10.1016/j.sbspro.2014.01.907 <p>Beside the indicated books, scientific publications relevant to the field will be used to prepare the lectures, which will be made available for students through the Moodle platform.</p>		
Ethical standards	<p>This course follows UBT College’s Code of Ethics, requiring all students to behave accordingly. Any case of academic misconduct, including but not limited to cheating, plagiarism, or other forms of dishonesty, will lead to significant punishment such as failure of the specific assessment or the entire course, as well as further disciplinary measures in accordance with UBT College’s academic integrity policies.</p>		
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