

Subject	Sport Policies and Sustainable Development		
Type	Type	Semester	ECTS
	MANDATORY (M)	V	5
Course Lecturer	Dr.Sc. Edmond Hajrizi		
Goals and objectives	The course aims to enable students to acquire a deeper understanding of and ability to problematize how the concept of sustainable development can be linked to a contemporary sports context, using both theoretical and empirical perspectives and methods.		
Learning outcomes	<p>Upon successful completion of this course students should:</p> <ul style="list-style-type: none"> ✓ Understand the relationship between sports, policies, and sustainable development. ✓ Analyze sports policies at local, national, and international levels, considering their impact on sustainability. ✓ Examine the role of sports organizations in promoting environmental sustainability and social responsibility. ✓ Evaluate the economic, social, and environmental impact of sports events and facilities. ✓ Understand the importance of inclusivity and diversity in sports policies for sustainable development. ✓ Critically analyze the ethical considerations in sports policies and their implications for sustainable development. 		
Content	Java	Topics	
	1	Syllabus Presentation	
	2	Importance of sports in sustainable development	
	3	Key concepts in sports policies	
	4	Structure of sports governance	
	5	Policies and regulations in national and international sports bodies	
	6	Sustainable event management	
	7	The role of athletes and teams in promoting environmental sustainability	
	8	Mid-exam – 1	
	9	Inclusivity and diversity in sports	
	10	Sports as a tool for social change	
	11	Ethical considerations in sports policies	
	12	Community engagement through sports	
	13	Case studies on successful community development projects	
	14	Assessing the long-term impact of sports on communities	
15	Mid-exam – 2		
Teaching/learning methods	Activity		Weight (%)
	Lectures		40%
	Laboratory		40%
	Research		10%
	Independent and group learning		10%
Methods of Evaluation	Methods of evaluation:		%
	Participation		15%
	a) Medium-term exam-1		30%
	b) Medium term exam - 2		35%
	Group project		20%
Sources	Sources		Number
	Lectures		1
	Presentations		1
	Web of Science		1
	PubMed		1
	Scopus		1
ECTS Workload	Activity	Weekly hours	Workload
	Lectures	2	24
	Lab	1	12
	Course project	n/a	25

	Independent work	n/a	64
Literature	<ul style="list-style-type: none"> • Elliott, Jennifer A (2006): An introduction to sustainable development. Tredje upplagan. Routledge, London. • Savery, Jill & Gilbert Keith (2011): Sustainability and sport. Common Ground Publishing. • "Sport and Sustainable Development: An Introduction" by Stavros Triantafyllidis and Spencer Harris (2022) • Provides an overview of how sport can contribute to sustainable development, focusing on policy frameworks, social responsibility, and the role of sport in achieving Sustainable Development Goals (SDGs). • "Sport Policy and Development: An Introduction" by Daniel Bloyce and Andy Smith (2009) • Explores the foundations of sport policy and its implications for development, including social inclusion, health, and economic benefits, as well as policy challenges. • "Sport for Sustainable Development: Approaches, Challenges, and Opportunities" by Marion Keim and Christo de Coning (2020). • This book examines different approaches to integrating sport with sustainable development initiatives, discussing case studies and policy implications for effective programs. 		
Ethical standards	This course follows the UBT College Code of Ethics, requiring all students to behave accordingly. Any instance of academic misconduct, including but not limited to fraud, plagiarism, or other forms of dishonesty, will lead to significant penalties like failure of specific assessment or the entire course, as well as further disciplinary measures in line with UBT College's academic integrity policies.		
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