

<b>Subject</b>	<b>Sport in History, Culture and Society</b>		
<b>Type</b>	Type	Semester	ECTS
	Obligatory	I	4
<b>Lecturer</b>	Dr.Sc. Sami Sermahaj		
<b>Goals and objectives</b>	<p>The aim of the module is to inform students about Sport in History, Culture and Society. This module also enables students to study the basic scientific principles and processes of Sport in History, Culture and Society.</p> <p>They will learn about the history of sport in the world, about the origin of the movement, for physical education in the far east, for Greek civilization and gymnastics, for the competitions and games of the classical era, for the general features of physical education in the Middle Ages, for physical education in the Albanian Middle Ages and also for the history of sports in Kosovo.</p> <p>Students will also learn how to use scientific methodology in sports history, culture and society research and will learn critical thinking skills throughout, with particular emphasis on original empirical research.</p> <p>The ultimate goal is that during this module help students develop reasonable questions, arguments about explanation and description using empirical data as the primary authority.</p>		
<b>Learning Outcomes</b>	<p>Upon completion of this module, students shall be able to:</p> <ul style="list-style-type: none"> <li>✓ Students possess knowledge and real information about Sports in History, Culture and Society in different eras</li> <li>✓ Demonstrate how sport affects our human society has passed from the most ancient times to the present day.</li> <li>✓ The students develop the ability to present results and findings to the public,</li> <li>✓ Analyze sports and critically evaluate scientific achievements from this field History, Culture and Society</li> </ul>		
<b>Content</b>	<b>Week</b>	<b>Topics</b>	
		<b>Syllabus presentation</b>	
	1	History of Sport. The study of the development of sport in the history of mankind; the origin of the movement.	
	2	Motor Activities in America; Physical Education in the Far East; Greek Civilization and Gymnastics.	
	3	Races and Games in the Classical Age	
	4	Facilities for various gymnasium-sports activities	
	5	Creation of International Sports Federations; reformulation of the Olympic ideal	
	6	Physical Education in the Albanian Middle Ages; Albanian physical education during the XIX century; History of Sports in Kosovo; Traditional sports	
		<b>Mid-term exam – 1</b>	
	7	Culture and Sport	
	8	The importance of Sport in modern society	
9	Sport, culture and society; The level of analysis in sport, culture and society; The value of theory in analyzing sport, culture and society.		

	10	Sociology of sport;	
	11	Sport as a social phenomenon and experiment in sport. The structure of sports activity.	
	12	Anthropology, Anthropometric characteristics in Sports	
	<b>Mid-term exam – 2</b>		
<b>Teaching/Learning Methods</b>	Activity		Weight (%)
	Lectures		50%
	Lab		0
	Research		25%
	Independent learning		25%
<b>Methods of Evaluation</b>	<b>Methods of assessment:</b>		%
	Participation		10%
	a) Mid-term exam -1		40%
	b) Mid-term exam - 2		40%
	Home work		10%
<b>Sources</b>	<b>Resources</b>		<b>Number</b>
	Lectures		1
	Presentations		1
	Web of science		1
	PubMed		1
	Scopus		1
<b>ECTS Workload</b>	<b>Activity</b>	<b>Weekly hours</b>	<b>Workload</b>
	Lectures	2	24
	Lab	n/a	0
	Independent learning	n/a	40
	Examination preparation	n/a	36
<b>Literature</b>	<ul style="list-style-type: none"> <li>Coakley, J. (2009). Sports in society: Issues and controversies (10th ed.). New York, NY: McGraw-Hill Publishers.</li> <li>Ellis Cashmore, Sports Culture, 2003, Routledge World Reference.</li> <li>The Olympic Museum, 2nd edition 2007 (The Modern Olympic Games).</li> <li>Misja, B. (1997). Historia e Edukimit Fizik dhe Sportit; Shtepia botuese "Hipokrati" Tiranë</li> <li>Kraja, M. (2018). "Fjalori Enciklopedik i Kosovës". (Encyclopedic Dictionary of Kosova). 2. Prishtinë: Akademia e Shkencave dhe e Arteve e Kosovës.</li> <li>History of Football in Kosovo". Arkivuar nga origjinali më 2 mars 2014</li> <li>Tables of Kosovo Football Champions since 1945.</li> </ul>		
<b>Ethical standards</b>	<p>This course follows UBT College's Code of Ethics, requiring all students to behave accordingly. Any case of academic misconduct, including but not limited to cheating, plagiarism, or other forms of dishonesty, will lead to significant punishment such as failure of the specific assessment or the entire course, as well as further disciplinary measures in accordance with UBT College's academic integrity policies.</p>		

**Contact**

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