**Program educational The Contents**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **OBJECT** | **FIRST AID** | | | |
| Type | Semester | ECTS | Code |
| OPTIONAL(S) | 1 | 3 |  |
| **lecturer The CONTENTS** | MSc. Andrita Kurhasku | | | |
| **assistant The CONTENTS** |  | | | |
| **view AND objectives** | The content includes knowledge of the early stages of emergency medical care which should be provided by health professionals as well as practical skills which should be mastered in different situations working in a team manner.  Clinical assessments of acutely ill or injured patients, proper positioning in various emergency situations, mode of transport, cardiopulmonary resuscitation as well as a special emphasis on interprofessional communication in the resuscitation team.  Preparation for making the right decisions at the time of providing first aid, the necessary steps to be taken during medical emergencies, cardiopulmonary resuscitation in groups of different ages such as neonates, children and adults.  Clinical exercises include knowledge of medical tools used in patients of different age groups for assessment and management of respiratory system emergencies, cardiopulmonary resuscitation, soft tissue injuries and bleeding, and musculoskeletal injuries.  Special emphasis is placed on preventing the occurrence of medical emergencies. | | | |
| **Expected results​** | **After successful completion of this course, the student should be able to:**   * Attainment of knowledge in recognizing medical emergencies in groups of different ages and the appropriate decisions to be made during the provision of first aid. * Understand the role of the profession IN SySTEm health (Result 15) * CONTRIBUTES IN development AND implementation of practices professional (Result 15) | | | |
| **Alignment of course learning outcomes with program learning outcomes.** | **Develop SKILLS THE Adequate verbal communication and non-verbal , to applicable also IN THE ENVIRONMENT international (Outcome 5):** Communication skills​ ARE IN accordance with Bloom 's " Communication " and " Creation " levels , since STUDENTS should not only THE understand but ALSO THE transmit effectively the information .  **Develop AND APPLY technician practice​ dental IN SySTEm health (Result 15):** COUNTRY DEVELOPMENT AND APPLICATION The practice WITHIN A GRADING SYSTEM HEALTH It requires OPINION strategic AND planning , i WHAT IS IN according to Bloom 's " Creation " level . | | | |
| **content** | **Weekly plan** | | | **WEEK** |
| **Basic knowledge in recognizing medical emergencies.**  - Principles BaSiC AND the importance of help first​  - Chain links​ THE salvation  Orientation assessment primary | | | 1 |
| **Evaluation of MARKS VITAL**  - Signs VITAL  - Monitoring of signs VITAL    - | | | 2 |
| **Cardiopulmonary resuscitation.**  -Basic emergency life support- AED  -Position of the patient  - ABCD | | | 3 |
| **First aid for respiratory problems and airway procedures.**  - Obstruction  - First aid to the inspiration  - The Heimlich maneuver | | | 4 |
| **Disorders of consciousness, and diseases of the brain.**  - Head trauma​  - First aid to the states comas  - Evaluation GCS ( Glasgow Coma Scale) | | | 5 |
| **First aid for cardiovascular diseases.**  - First aid with anginal pain  - Cardiac tamponade​  Hypertensive crisis | | | 6 |
| presentation The seminar | | | 7 |
| **Hypoglycemia , Hyperthermia AND Hypothermia.**  - Hypothermia malignant  - Clinical signs of hypo and hyperglycemia  -First aid in these emergencies | | | 8 |
| **System injuries​ osteomuscular.**  - Dressing wounds  -Immobilization for different types of injury  ABOUT THE reduced inequalities hEALTH between groups or individuals AND   1. ABOUT THE created types THE CERTAIN THE opportunities ABOUT health , no OF THE OFTEN OPPORTUNITIES THE equal . | | | 9 |
| **Acute poisoning and first aid .**  - Principles BaSiC toxicokinetic  - Elimination The poisons BY BODY  - Substances corrosive | | | 10 |
| **Allergic reactions and Anaphylaxis.**  - Knowing the types of allergy  - Friend  -Treatment of anaphylactic reaction | | | 11 |
| **Cardiopulmonary resuscitation in different age groups.**  - ABCD  -Neonate first aid  - Children's first aid  -Adult first aid. | | | 12 |
| **Advanced first aid.**  -Cardiac monitoring  - Defibrillator  - Medicines | | | 13 |
| presentation The case THE STUDY | | | 14 |
| Final assessment | | | 15 |
| **Teaching methods​** | **ACTiViTY TEACHING – Weight (%)** | | | |
| 1. **Lectures: 15%**   o Purpose : To presented concepts , models AND theories KEY IN the basics of help first .  o Important for : Construction The THE understanding BASIC AND SECURING The A Context TOPIC ABOUT the subject . | | | |
| 1. **Case studies and analysis: 25%**   o Purpose : To SURVEYED the scenarios practice THE GROUNDS TO First aid .  o Important for assessment​ critic THE situations IN everyday life .​ | | | |
| 1. **Group discussions and seminars: 20%**   o Purpose : To encourage THE lEARNING interactive , exchange of ideas AND its development​ thinking critical .  o Important for : Discussion of models AND theories THE MISCELLANEOUS HOW Available first aid . | | | |
| 1. **Project work: 20%**   o Purpose : To URGE creativity , application of skills practice AND THE URGE IN cooperation .  o Important for : Development of ways THE NEW AND creative THE kNOWLEDGE IN context first aid . | | | |
| 1. **Assignments and Research Papers: 10%**   o Purpose : To encourage Skill explorative AND Skill ABOUT THE ANALYZING IN ORDER critical .  o Important for : In - depth study THE Thread SPECifiC THAT includes basic knowledge in recognizing medical emergencies. | | | |
| 1. **Guest Lecturer and Workshop: 10%**   o Purpose : To PROVIDE exposure THEir EXPERT THE the field AND knowledge practical .  o Relevant for : Profit The view THE MISCELLANEOUS ABOUT PRACTICES AND job IN laboratories relevant . | | | |
| **TOTAL** | | | **100%** |
| **Evaluation methods​** | **Evaluation methods - Weight (%)** | | | |
| 1. **Class participation and discussions (10%)**   o Purpose : To AWARDED cOMMITMENT AND CONTRIBUTION IN discussions .  o Important for : Evaluation of participation asset AND Capability ABOUT THE articulated thoughts and ideas. | | | |
| 1. **Group projects and presentations: (20%)**   o Purpose : To appreciate Skill cooperative , application of knowledge AND Skill presenter .  o Important for : Assessment of development THE RAMPS practice ABOUT knowledge management​ AND CAPACITY ABOUT THE worked IN ORDER EFFECTIVE IN teams . | | | |
| 1. **Final exam: (70%)**   o Purpose : To AWARDED THE understanding of concepts , theories AND FRAMEWORKS Keywords IN BASES  basic knowledge in recognizing medical emergencies.  o Important for : Assessment of knowledge BaSiC AND the ability to interpret them. | | | |
| **TOTAL** | | | **100%** |
| **Sources and tools of concretization** | **Means** | | | |
| 1. **Textbooks and academic journals:**   o Purpose : Insurance The kNOWLEDGE BaSiC AND discovery CURRENT THE research .  o Examples : Texts standard ABOUT the subject . | | | |
| 1. **Discussion:**   o Purpose : Sharing of thoughts AND ideas with each other  o Examples : Creation The DISCUSSION ABOUT Categories THE certain how​ Available first aid to different age groups . | | | |
| 1. **Group projects:**   o Purpose : Promoting cooperation​  o Examples : Realization The duties IN GROUPS WORKING THE MISCELLANEOUS | | | |
| 1. **Library Resources:**   o Purpose : Delivery The A RANGE THE WIDER of materials extra ABOUT reading .  o Examples : Access IN LIBRARIES PHYSICAL AND digital with books and mATERIALS THE others information | | | |
| **ECTS Load** | **Business The activity** | |  |  |
| 1. Lectures | | 30 h | 15.0% |
| 1. Case analysis researcher | | 50 h | 25.0% |
| 1. discussion IN group AND Workshops | | 40 h | 20.0% |
| 1. Project work | | 40 h | 20.0% |
| 1. Research paper OR office | | 20 h | 10.0% |
| 1. Lecturer THE invited AND the workshops | | 20 h | 10.0% |
| **TOTAL** | | **200 h** | **100.0%** |
| **LITERATURE** | * First Aid RKP, Prof. Assoc. Basri Lenjani , 2019 * Nelson, Textbook of Pediatrics , 2020 | | | |
| **Contact** | **MSc. Andrita Kurhasku andrita.kurhasku @ubt-uni.net** | | | |

**Prerequisites ABOUT SUBJECT**

it CASE there are no prerequisites . **ASSESSMENT The JURISDICTION**

For the class to reach a Bachelor's level of learning, students must prepare by e read the given material, complete all the assigned tasks for each class. STUDENTS WILL THE are valued for pARTICIPATION like:

* Participation e full IN ACTIVITIES e class AND IN job IN group .
* attendance IN discussion IN CLASSROOM (without dominated the conversation ).
* Demonstration The THE understanding THE contents OF THE MATERIAL THE read .
* provision The thought critic ABOUT MATTER e the subject .
* Adding The IDEAS IN Discuss IN class .
* by HELP THE others THE clarify A idea.
* support e THE OTHERS WHEREAS they share IDEAS e THEIR AND SPEAK IN class .
* LODGING e IDEAS AND queries THE new​
* Arrival IN AGE AND ATTITUDES tall all HOUR OF THE learning .

# politics e pARTICIPATION

Students are expected to attend all lectures and exercises. The importance of attendance at CLASSROOM reflected IN RATE e note THAT REGARDING with participation. you NOT can THE get Grading participation whether NOT YOU IN class. whether HAVE A emergency AND NOT can THE get class, please email me in advance to let me know. The class will start on time to respect everyone's commitment. If you are late, please sign in IN CLASSROOM quiet. Marks e pARTICIPATION WILL to be discounted ABOUT late.

# STUDENTS MUST THE BE present IN OF THE LEAST 80% THE exercises.

**rule learning**

# attendance IN LEARNING

UBT College takes the responsibility of training future professionals to the standards higher. One of these standards is taking responsibility for personal actions. whether A student MISSING BY sparring SPECIALLY IN A session, STUDENT The THERE LOST those instructions forever. Those, never NOT can THE are repeated. When A student is late to class, the entire lesson is interrupted. Such interruptions will not be tolerated. Students have a responsibility and a contract to stay in class throughout duration of sessions, for each day. Students who leave sessions early, ALSO whether leave with permission, cause issues disciplinary THAT NOT WILL THE are tolerated.

You made a contract with the UBTs to be in class and attentive throughout learning process. Every student must be in every session, every day that is scheduled, throughout the semester. All teaching sessions start at their scheduled time IN SCHEDULE of learning.

All sessions start and end at their scheduled times learning. Any student who leaves the teaching session prematurely will be counted as missing.

**Electronic devices**

It is distracting for everyone in the class when cell phones ring during class learning. This is even worse if it happens during a test or quiz. Since this it is a classroom and not a room for listening and/or viewing electronics like smartphones, personal laptops and/or other electronic devices, they will not are allowed.

Class WILL THE BE A area without Phones mobile. whether MUST THE BRING A phone moBilE IN class, it should be turned off or formatted to vibrate. It is distracting for a class that STUDENTS CONTINUALLY TO the answer phones moBilE tall HOUR OF THE learning. whether you absolutely must answer the call, get out of the classroom. A student who accepts calls during the lesson he will be asked to leave the lesson. Hearing aids will not allowed in class for no reason.

# tests AND quizzes

Tests and quizzes are usually scheduled at the beginning of the lesson. Tests and quizzes are one of ways THAT the teachers measure KNOWLEDGE e A the student. nonparticipation IN TESTS OR QUIZZES interferes with this process. UBT College does not reward students who do not participate in TESTS OR quizzes e THEIR IN time; therefore, the teacher NOT can THE GRANT STUDENTS THE RELATED TESTS or quiz after deadline.

Tests and quizzes must be done by every student, every student who asks for help or helps other students during a test or quiz, will leave the test and will evaluated with zero ABOUT IT test or quiz. it's responsibility e sTuDenTs THAT THE Gearing ABOUT tests and quizzes at any time. It is the student's responsibility to know when there are tests or quizzes Which is necessary THE participated.

# Workshops AND PROJECTS

Workshops AND PROJECTS MUST THE BECOME IN time e sTuDenTs NO tall HOUR OF THE learning. Never don't let that A student other THE copy the seminars AND PROJECTS yours.

Never not copy Workshops AND PROJECTS e A STUDENT other.

# dates e SUBMISSION THE WORK

One thing all professionals must learn is to be on time. Excuses do not make the student and the teacher feel better about the time their lost. For all assigned tasks, sufficient time is given to complete them finished, AND e all JOBS MUST THE be realized IN time e specified BY the teacher. **ANY late IN realization e WORK NOT WILL to be accepted.**

# Code The DRESS

Professionals must dress appropriately. Any student who does not dress appropriately during class TEACHING NOT WILL THE allowed get part in ACTIVITIES educational.

# The behavior

Students at UBT College must learn to work in groups, regardless of composition OF THE the group. tolerance, politeness, Respect AND A quiet environment Wanted IN class.

All students are expected to be respectful to other students and to the teachers tall HOUR OF THE LEARNING AND IN treatment e issue THE class. The behavior disrespectful will affect your participation grade. Examples of behavior with respect at the Class include, but NOT are limited to:

* hearing The Each other AND exchange The ideas .
* Arrival AND leaving according to TIMETABLE THE class , except CASES when THERE emergency .
* Turn off bell e MOBILE AND NOT get CALL IN class .
* talk IN ORDER THAT THE others THE HEAR AND understand IT THAT yes say​
* cOMMITMENT IN Discuss IN CLASSROOM ( avoidance e conversation side tall class AND PRIMACY The the discussion IN class ).
* of hearing (no KeePiNG spoken ) when teacher OR STUDENTS e other yes The ADDRESS class .
* JOBS IN collaboration with A group THE FIXED OR THE selected .
* conclusion The LABOR OF THE class IN time .
* FOCUS IN threads e class AND NO IN ABoUT personal OR working THAT NOT HAVE relation to the class .
* Viewing The COMPUTER and / or MOBILE YOUR only when REGARDING with job IN class .
* LODGING e queries when MISSING clarification ABOUT job IN class .

# Dishonesty Academic

violation e integrity Academic include, but NOT limit, IN OPERATIONS e the following:

* deceit IN exam .
* Plagiarism .
* of Work OF THE together IN A DUTY individual , seminar OR PROJECT when the teacher IN ORDER specifically prohibited it this .
* Submission The THE SAME Decorative TO MORE LOT that A teacher OR APPROVAL The A INDIVIDUAL other THE TAKE identity e HIS with view THE improving THE score .